



17 dicembre 2025

Gestion du stress | Stress Management

Certificat

This document certifies that **Pierangela CIRESA** has completed the training "Gestion du stress"

Course summary: Bravo, vous avez appris à mieux vous connaître et êtes capable d'agir contre le stress au quotidien. Well done, you have learned to know yourself better and can take action against stress on a daily basis.

provided by ABMI

Reference Number: 4303728236028495

You can also find this document on the Internet at the following address: <https://houseofaby.360learning.com/redirect/api/certification/4303728236028495>